FOR IMMEDIATE RELEASE

Climate Consciousness Summit 2023

Addressing the inner and outer transformation needed for true climate action to emerge.

Wardenburg, Germany - November 10, 2023 - In a world at the crossroads of profound instability and growing disruption, the Pocket Project (NGO) presents the Climate Consciousness Summit 2023 as a virtual event with a bold mission to help the global community expand and ground its sensitive connection to the climate crisis. The Summit format encompasses a series of interviews, live events and a screening of the documentary *Uncharitable* aired free from December 1-10, 2023, in parallel to the UN Climate Conference COP28 in Dubai. We will bring together a global audience, advance understanding, inspire dialogue, and explore the potential for healing personal, intergenerational and collective trauma in the backdrop of the climate emergency.

The urgency is palpable. The next seven years are pivotal, our window to prevent irreversible climate damage by 2030. The Climate Consciousness Summit is our response – a trauma-informed approach that recognizes trauma as the root of our inability to respond appropriately to the climate crisis. Trauma-induced numbness, apathy, and polarization have hampered our efforts to implement the Paris Climate Agreements. The Summit expects to engage at least **20,000** this year and plant the seeds for a growing global healing movement.

Our lack of relationship to the crisis is part of the crisis.

The Pocket Project's unique strength lies in the *Collective Trauma Integration Process (CTIP)*, developed by Thomas Hübl over the past twenty years. A recent application of this process to the context of increasing polarization in German society was framed by a research project using SenseMaker software that enabled us to recognise patterns of cultural change. The research report 2022 concluded that "*The shared experience of processing trauma opens up innovative avenues for a solution-oriented, democratic response to crises.* Symptoms of individual, ancestral and collective trauma are playing out in the multiple crises that humanity is facing today and in our inability to respond adequately."

In the upcoming summit, the Pocket Project will be offering an inspirational and practical framework for a vast community of practice from around the world, to help ground their sensitive relatedness to the climate crisis and expand their capacity to respond.



Kosha Joubert, CEO of the Pocket Project, states: "We amplify voices from communities on the frontlines of the climate crisis, from the negotiations at UN COP28, and those offering innovative climate solutions. Our approach addresses climate grief within the context of collective trauma, integrated into the solutions offered by combined expertise and diversity of the summit speakers. The Summit also engages policymakers, businesses and climate-focused movements."

In addition, fostering Mindfulness and Resourcing for Climate Action is a part of the NGO's regular group facilitation which are **open to the public – curating safe spaces for diverse dialogues and running grassroots initiatives with emerging leaders on the frontlines.**

The overarching theme for this year is "Climate Consciousness," spotlighting the role of inner and outer transformation, and the shift in consciousness needed to shift the climate crisis. Beyond interviews, the Pocket Projects offers live online events, including on-the-ground coverage in Dubai during COP28, Global Social Witnessing sessions with community leaders on the climate frontlines, panel discussions, poetry readings, and more.

The Consciousness Climate Summit Core Themes:

- Mindfulness & Resourcing for Climate Action
- Global Social Witnessing for Communities on the frontlines of the Climate Crisis
- Trauma-Informed Engagement Practices
- Healing Climate Solutions
- Regenerative Climate Action

Our esteemed speakers such as *Bayo Akomolafe*, *Nemonte Nenquimo*, *Nora Bateson*, *Satish Kumar*, *Vanessa Nakate*, *John Liu*, *Chief Phil Lane Jr*. - a blend of climate experts and cultural influencers, possess cross-disciplinary curiosity, illuminating new pathways for innovation and healing. Last year featured over 30 talks, encompassing climate policy, systemic solutions and wisdom from indigenous communities. Link to last year's speakers and program focused on COP27: https://pocketproject.org/climate-change/

This year, the Pocket Project will be planting a tree for every person signing up, and another two for each person who invites someone else. Together, we will grow a forest.

The Pocket Project Presents Trauma-Informed Solutions to Climate Crisis

The Climate Consciousness Summit 2023 is a rallying call to embrace trauma-informed dialogue, a vital step in addressing the root cause of our environmental apathy. Join us in forging a climate-conscious future at the Climate Consciousness Summit, please share this online event with your networks, mark your calendars, and register here: https://summit.pocketproject.org/

"Collective trauma impedes our potential for the expression of collective intelligence. Collective trauma integration, ethical learning and restoration allow us to shift humanity towards a path of collaboration, innovation and emergence."

- Thomas Huebl, bestselling author, co-founder of Pocket Project





For media inquiries, please contact:

Kosha Joubert, CEO M: +44 7411 303940

E: kosha.joubert@pocketproject.org

About the Pocket Project: The Pocket Project is a non-profit, non-governmental organization dedicated to growing a culture of trauma-informed care. Operating on principles of agility, evidence-based methods, and a focus on tangible results, we develop training, consulting and social impact projects that contribute to the global restoration movement within communities, organizations, and government bodies. The NGO's recent work focuses on the Trauma Relief Project, building a global healing impulse that directs its efforts wherever the need is strong. We raise awareness and train civil society, professionals and policy makers about the global impact and processes for the integration of collective trauma. We develop social impact projects that provide trauma-informed service. Please learn more here: https://pocketproject.org/about/

Quick links: https://summit.pocketproject.org/

Media Resources: https://summit.pocketproject.org/share/

https://thomashuebl.com/